

Ks3 PE Curriculum 2024-2025

	Year 7	Year 8	Year 9	
	Knowledge and skills development	Outwitting opponents and implementing rules	Game play and tactical development	Enrichment
Cycle 1	<ul style="list-style-type: none"> • Developing technique and performance • Replicate accurate movement • To develop precision, control and accuracy • To understand basic rules and use them within a game • Basic leadership skills with teachers support <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – sports judges/officials, referees, PE teacher</p>	<ul style="list-style-type: none"> • Outwitting opponents • Encouraging team work • To develop fluency of the skills learnt • Adhere to the rules within a condition/ competitive game • Leadership skills with clarity, volume and presence. • Decision making <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – sports judges/officials, referees PE teacher</p>	<ul style="list-style-type: none"> • Analysing performance • Embedding technique into a competitive game • Focus on developing tactics, set play • Developing skills as a leader and official – officiating games with support <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – sports judges/officials, referees PE teacher</p>	Football Netball Rugby Trampolineing Fitness club Dance Basketball
Cycle 2	<ul style="list-style-type: none"> • Developing technique and performance • Replicate accurate movement • To develop precision, control and accuracy • To understand basic rules and use them within a game • Basic leadership skills without teachers support with accurate demonstration <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – Coaches, personal trainers, managers</p>	<ul style="list-style-type: none"> • Outwitting opponents • Encouraging team work • To develop fluency of the skills learnt • Adhere to the rules within a condition/ competitive game • Leadership skills – teacher to direct a leadership role within the activity • Decision making <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – Coaches, personal trainers, managers</p>	<ul style="list-style-type: none"> • Analysing performance • Embedding technique into a competitive game • Focus on developing tactics, set play • Developing skills as a leader and official – leading own activities and feeding back. <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – Coaches, personal trainers, managers</p>	Football Netball Rugby Trampolineing Fitness club Dance Basketball

<p>Cycle 3</p>	<ul style="list-style-type: none"> • Developing technique and performance • Replicate accurate movement • To develop precision, control and accuracy • To understand basic rules and use them within a game • Basic leadership skills with clarity, volume and presence. <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – Health safety officer, officials, umpires, athletes</p>	<ul style="list-style-type: none"> • Outwitting opponents • Encouraging team work • To develop fluency of the skills learnt • Adhere to the rules within a condition/ competitive game • Leadership skills – to lead a starter activity • Decision making <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – Health safety officer, officials, umpires, athletes</p>	<ul style="list-style-type: none"> • Analysing performance • Embedding technique into a competitive game • Focus on developing tactics, set play • Leadership skills - To be able deliver aspects of the lesson and to officiating with clarity and presence <p>Assessment: Booklet used - focusing on motor competence, rules, strategies, tactics, leadership, exercising safely. Careers – Health safety officer, officials, umpires, athletes</p>	<p>Cricket Rounders Athletics</p>
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